

CHILDREN'S BEHAVIORAL HEALTH

12/16/21

TODAY'S AGENDA

- **Mission and Vision**
- **Specialty Mental Health Services (SMHS)**
- **CBH Teams**
- **Child & Adolescent Needs and Strengths (CANS) Data**
- **CBH Trauma Informed Systems Committees**
- **2022 Initiatives**

CONDADO DEL SANTA CRUZ

Salud Mental y Tratamiento del Uso de Sustancias



POR NIÑOS Y ADULTOS



CBH Statement of Purpose: Children's Behavioral Health programs are intended to address the needs of children/youth in the Santa Cruz community who are struggling with mental health conditions that are interfering with their ability to keep themselves and others safe, regularly attend and participate in school, manage healthy relationships and thrive in their development.

CBH Mission Statement:

To provide strength-based, family-centered, integrated, accessible, culturally and linguistically appropriate behavioral health services to Santa Cruz County children/youth and their families/caregivers in order to promote health and resilience.

CBH Pillars:

1. Family-focused care
2. Integrated Care
3. Staff Wellness

SERVICES WE PROVIDE

Crisis Intervention

Psychosocial Assessment

Plan Development

Individual Therapy, Family Therapy, and Group therapy

Collateral contacts with family and non-family supports

Psychiatric Care

Case Management

Intensive Care Coordination (ICC)

Intensive Home-Based Services (IHBS)

Therapeutic Behavioral Services (TBS)

Family Partners

CBH TEAMS



Community Gate

School (ERMHS)

Education/County Office of Education (COE)

Child Social Services (DFCS)

Juvenile Justice (Probation)



COMMUNITY GATE

SUPERVISORS: JOANNA MOODY & VINCE STROTH
CLINICIANS:11

Children's ACCESS, a part of the Community Gate team, provides phone navigation and referrals to those seeking Behavioral Health services for children and youth with Medi-Cal. By calling our county ACCESS line 800-952-2335, callers can request services.

CBH contracts with community-based organizations (CBOs) including Parents Center, Encompass Community Services, and Pajaro Valley Prevention and Student Assistance, Inc. (PVPSA).

CBH, or one of our Contract agencies, provides a clinical assessment and then determines if the youth meet our criteria.

If the youth's needs are determined to be at the Mild to Moderate level, they are referred to Beacon for services.

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SCHOOL (ERMHS)

SUPERVISOR: ROCKY ALLEMANDI

CLINICIANS: 4

CBH is contracted by the Pajaro Valley Unified School District (PVUSD) to provide Educationally Related Behavioral Health Services (ERMHS) to Special Education eligible students (K -12) with an Individualized Education Plan (IEP).

PVUSD is a single School District and Special Education Local Plan Area (SELPA). The SELPA oversees and provides educational services for district students with an IEP.

PVUSD refers students who have qualified for an IEP and need Behavioral Health services (ERMHS) to access their education. Outpatient services may be provided at any of the PVUSD elementary or middle school campuses or as part of a Special Day Class also known as the RISE academy.

EDUCATION/COE

SUPERVISOR: ROCKY ALLEMANDI
CLINICIANS: 2

Education Gate allows schools to directly refer Medical beneficiaries to our services, when the youth and families and the school based social-emotional counselors think these students need a higher level of care.

COE Gate is partnership between CBH and COE to provide needed Behavioral Health services to students who have not been successful in traditional public schools and attend Alternative Education sites.

COE staff make direct referrals of students who subsequently receive Behavioral Health services from our clinical team.

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CHILD SOCIAL SERVICES

SUPERVISORS: MARY BETH CURLEY & PAUL VITALI
CLINICIANS: 14

Provide clinical services to children and youth from birth to age 21 who are involved with the Human Services Department's Division of Family and Children's Services (DFCS).

Referrals to this team are made directly by FCS Social Workers.

Clinicians regularly facilitate and/or participate in Child and Family Team (CFT) meetings to build upon the strengths, values and goals of each child, youth, and family. The teaming process reflects the culture(s) and preferences of the child, youth and family.

JUVENILE JUSTICE

SUPERVISOR: NEERA BHATNAGAR
CLINICIANS:4

Eligible youth and families request our services through the CFT process, facilitated by Probation.

Probation officers may also directly refer youth and families.

Provide Behavioral Health services 7-days per week to youth who are detained at Juvenile Hall.

Provide Behavioral Health support at the Evening Center, a Detention Alternative intervention for Probation involved youth.

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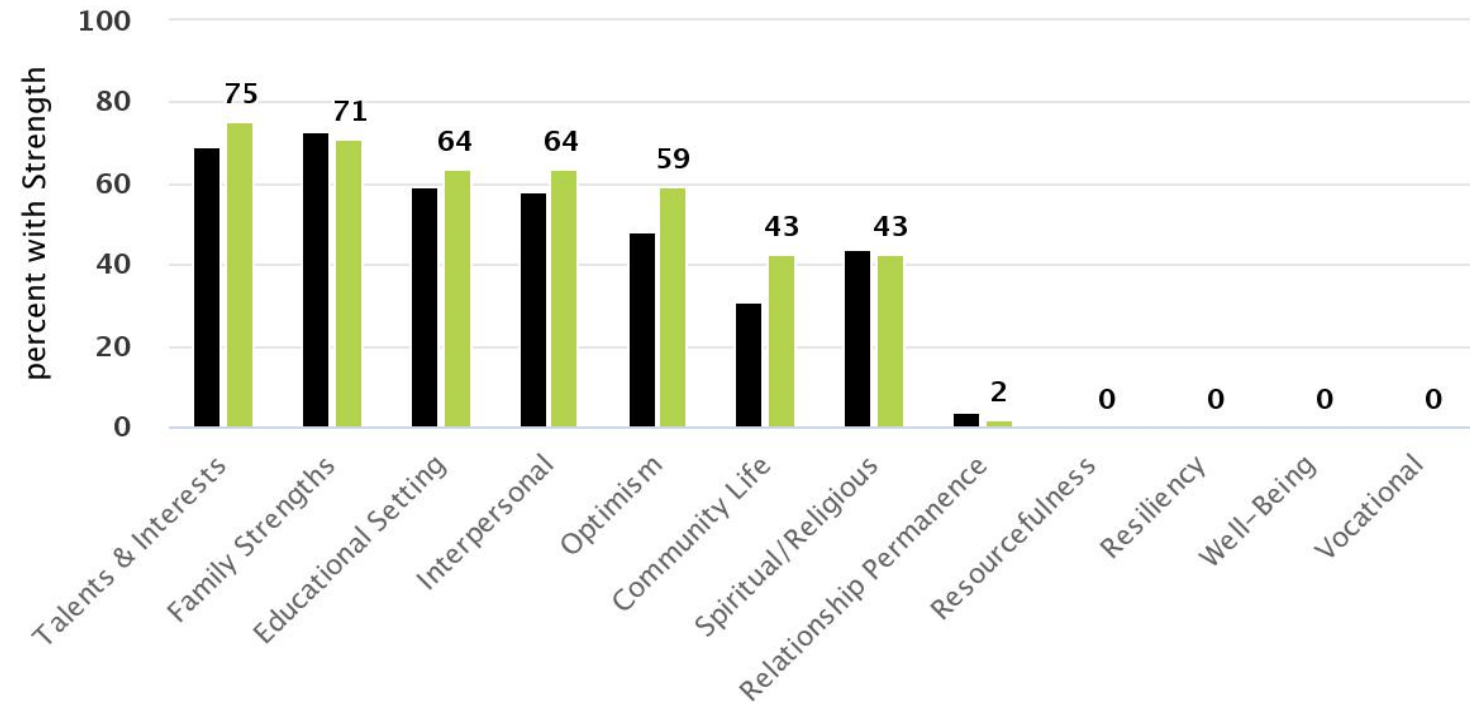
POR NIÑOS Y ADULTOS



CANS DATA

Strength Development Over Time

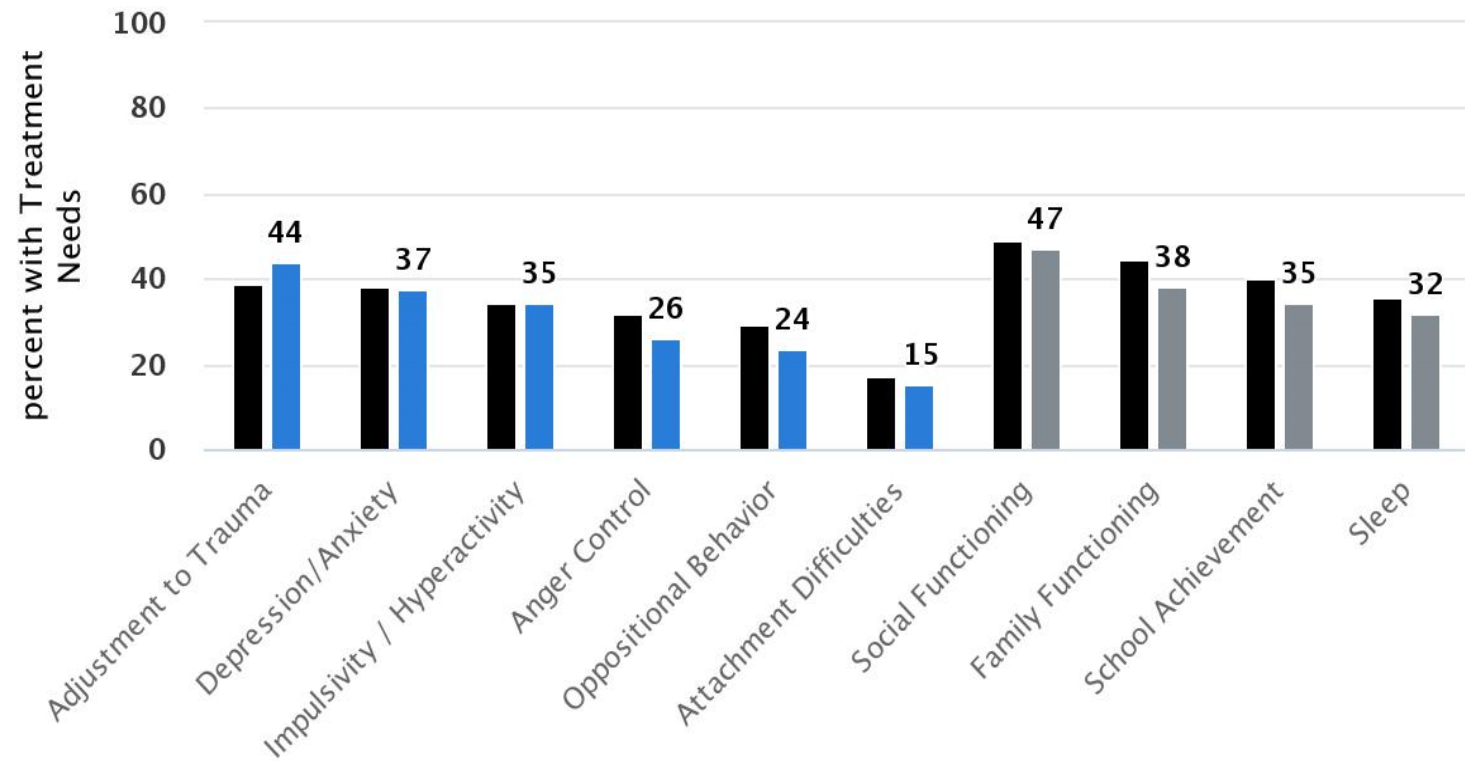
N = 110, For treatments with at least two assessments,
first one done between 03/14/2021 & 12/14/2021
Average time between measures: 5 months



CANS DATA

Key Intervention Needs Over Time

N = 110, For treatments with at least two assessments,
first one done between 03/14/2021 & 12/14/2021
Average time between measures: 5 months

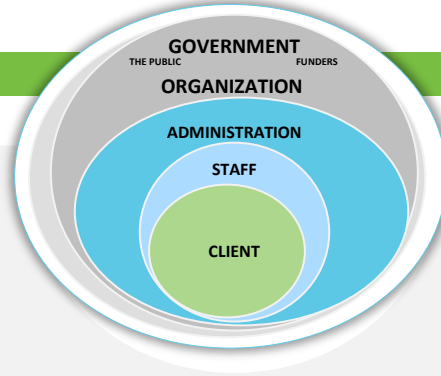


Trauma Informed Systems (TIS) Improvement Project



TRAUMA ORGANIZED

- Reactive
- Reliving/Retelling
- Avoiding/Numbing
- Fragmentation



TRAUMA INFORMED

- Shared Language
- Foundational Understanding of Trauma
- Understanding of the nature and impact of trauma



HEALING ORGANIZATION

- Reflective
- Collaborative
- Culture of learning
- Making meaning out of the past
- Growth and Prevention Oriented

TRAUMA INDUCING

TO

TRAUMA REDUCING

CBH TIS WORK

COMMITTEE NAME	MISSION STATEMENT
Cultural Humility Committee	In order to reduce cultural trauma and foster a safe and supportive work environment, we will increase awareness of and work towards dismantling the institutional and individual racism and oppression of marginalized groups in County Behavioral Health.
Safe and Welcoming Spaces Committee	To create and maintain safe and welcoming spaces for our clients and families, and empower client and family voice so when folks walk through our doors everyone is welcome, safe and heard, and feels a sense of belonging. The Safe and Welcoming Spaces committee's focus is on the improvement, evaluation, and re-design of our areas of contact with clients through a trauma informed and cultural humility lens.
The Love and Chocolate Committee	To shape the culture of Children's Behavioral Health to ensure our workplace is a supportive, inclusive, pleasant place to work where employees feel seen, heard, cared for and appreciated for the meaningful work they do daily in our community.
Clinical Growth Committee	To support and ensure Children's Behavioral Health's commitment to and implementation of best clinical practices by providing informed recommendations, supporting staff in continuing to learn clinically and having opportunities to do so.

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2022 INITIATIVES



Learning Communities



Preparing for CalAIM



Staff Sustainability and Wellness



Integrating data through a Trauma-Informed lens

QUESTIONS?

Thank you!

Lisa Gutiérrez Wang, PhD

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